ORAL SURGERY UNDER INTRAVENOUS SEDATION
If you are particularly nervous, anxious or have a phobia of dentistry, sedation is an excellent way to manage your anxieties. It is suitable for patients aged 18+, it involves the administration of a intravenous drug (usually a single drug such as midazolam), this is administered into a small vein on the back of the hand or in the crease of your arm. You feel very relaxed and we are then able to carry out your dental treatment. The drugs used for iv sedation produce either a partial or full memory loss (amnesia) for the period of time when the drug is first administered till when it wears off. Local anaesthetic is used in the mouth while you are sedated to ensure your dental treatment is carried out painlessly and for your post-operative comfort.

GENERAL DENTISTRY UNDER IV SEDATION
General Dental treatment under IV sedation usually involves: the relief of dental pain, the treatment of decayed teeth, gum (periodontal) treatment and extraction of rotten teeth. We are not able to carry out root canal treatments under IV sedation.

RELATIVE ANALGESIA
Relative analgesia, has been known by a number of names: laughing gas, inhalation sedation, Happy gas, gas and air, Nitrous Oxide - Oxygen. Nitrous Oxide is simply a gas which you can breathe in, it has no colour or smell and is non-irritant. In Relative Analgesia it is used in combination with Oxygen. It simply breathed in and out through a nasal mask. The concentration of Nitrous Oxide and Oxygen is carefully titrated until the correct level of sedation is achieved. Local anaesthetic is used in the mouth during the relative analgesia to ensure your dental treatment is carried out painlessly and for your post-operative comfort.

This is a very safe procedure and suitable for children over the age of 5yrs, young adults and adults who are anxious about dentistry. Children under the age of 5yrs should be referred to a hospital setting as recommended by the NHS. Most general dental procedures can be carried out using Relative Analgesia.

DISABLED ACCESS
We cater for patients with disabilities and have suitable ground floor facilities.

OPENING HOURS
Mon - Tue: 9.00am - 6.00pm
Thurs - Fri: 9.00am - 6.00pm
Wed: 9.00am - 6.00pm (Open for bookings only NO Clinic)
Sat: Closed

EMERGENCIES
If you have a dental emergency outside of practice hours please call 020 3402 1312 or NHS Direct on 111.

The Sterling Dental Centre 89 South Road, Southall, Middlesex UB1 1SQ
Tel: 020 8571 9090
Email: info@sterlingdentalcentre.co.uk
Web: www.sterlingdentalcentre.co.uk
WELCOME TO THE STERLING DENTAL CENTRE

We are renowned for our commitment to the National Health Service and our expert services include: oral surgery, general dentistry for nervous patients. This can be carried out by our highly skilled clinicians under your choice of Local anaesthesia, Relative Analgesia, or intravenous sedation. Our team is dedicated to patient care, continuing education, key skills and clinical excellence. We are proud of the high quality service we provide and invite you to read our quality charter. Every effort will be made for you to see a dentist of your choice. However this may not always be possible for emergencies.

To ensure the smooth running of appointments, patients are encouraged to arrive 10 mins before their appointment. Please give adequate notice if you are unable to attend. Our staff are here to help you, and we ask that they are shown the respect they deserve.

QUALITY CHARTER

Our practice policy aims to provide dental care of a consistently high quality for all our patients. Our aim is to listen to your specific dental needs, following a thorough assessment to discuss options and provide a treatment plan which suits your dental health requirements. To discuss any costs involved.

• To be courteous and considerate at all times.
• To respect your dignity and the choices you make.
• To maintain confidentiality and data protection
• To Co-operate with other dental colleagues and health care professionals, so as to act in your best interest.
• To follow the latest cross infection guidelines ensuring your safety at all times.
• To keep up to date with the latest technologies and treatments available.
• To do all we can to keep to appointment times.
• To deal with your concerns, suggestions or complaints quickly and efficiently.
• We aim to make the Sterling Dental Centre as accessible as possible, if you have any hearing, visual or physical disability please let our staff know.

MEET THE TEAM

ORAL SURGERY
Dr Shina Popat | Oral Surgery Specialist
BDS Lond 2001, MFDS RCS Eng 2004, MSurgDent 2009
Dr Fatima Maddix | Dental Surgeon
BDS Manc 2009, MJDF RCS Eng 2010

GENERAL DENTISTRY
Dr Mital A Patel | Dental Surgeon
BDS Cardiff 2012, MFDS RCS Eng 2013
Dr Vinika Patel | Dental Surgeon
BDS Birm 2012, MJDF RCS (Eng) 2013
Dr Fatima Maddix | Dental Surgeon
BDS Manc 2009, MJDF RCS Eng 2010

NHS SERVICES AVAILABLE

We have agreed with NHS England to provide NHS services to adults and children covering the following services:

• Oral surgery under local anaesthetic
• Oral surgery under sedation
• General dentistry under Intra Venous Sedation
• General dentistry under Relative Analgesia

ACCESS TO RECORDS

You have the right of access to the data we hold about you and to receive a copy of this, should you so desire. A request for a copy must be made in writing to the practice and a payment of fees up to £10 (for records held on computer) or up to £50 (for those held manually or computer held records with non-computer radiographs). We will provide a copy of the records and an explanation of the records should you require, within 40 days of receipt of the request.

CANCELLATION POLICY

If you are unable to keep your appointment please give us at least 24 hours’ notice. Patients undergoing NHS treatment will not be charged for short notice cancellations or missed appointments, but may be refused further care under the NHS.

PATIENT SATISFACTION

At Sterling House Dental Practice we take patient care and satisfaction very seriously. Should you feel that we have in any way not reached the high standards expected, please contact our Complaints Manager, Luul Mohamed, Tel: 020 8571 9090, Email: info@sterlingdentalcentre.co.uk and she will address your concerns.

Further NHS dental information can be obtained from:
NHS Choices Tel: 020 3313 9303 Web: www.nhs.uk/aboutNHSchoices. A copy of our full complaints procedure is available at reception.

TREATMENTS CARRIED OUT

ORAL SURGERY UNDER LOCAL ANAESTHESIA

We carry out a variety of Oral surgical procedures and the most common procedures include the removal of teeth which are decayed, impacted or for orthodontic reasons. Local Anaesthesia involves the administration of a local anaesthetic in the mouth to provide adequate analgesia for the safe, comfortable and painless removal of teeth. The patient is awake and alert at all times. This is an extremely safe procedure. There is no age restriction for this type of anaesthetic. The most common local anaesthetic used is Lignocaine. For anxious patients especially children, oral surgical procedures can be carried out with Relative Analgesia.